

LOOK

Sunday 26 February 2023
Matthew 4:1-11
1st Sunday of Lent

In the GOSPEL TODAY

MAKE GOOD CHOICES!

Jesus goes into the wilderness. He is tempted three times to do bad things. Jesus knows he must put God first. He makes the right choices and says "no" to temptation.



Loving God

Jesus loves God the Father very much. Jesus shows us how to love God too.

Draw yourself doing something which shows you love God inside this heart.



Maze

God loves us all very much and is always with us. This boy is in a tricky situation, stuck in the maze. Help him find his way out, just like God will help us.



How many angels?

God the Father sent the angels to help Jesus. How many angels can you find on this page?



In Lent there are three ways we try to love God more. We try to love God when we...

_____ (y a r p)
 _____ (s a t f)
 give _____
 (n y e o m)

Say no to bad things

Put a tick or a cross in the boxes to say whether you would listen to these children or not.

Hit your friend hard

Shares your sweets

Steal some money

Hug and kiss your mummy or daddy

A PRAYER TO SAY

Jesus, it is not always easy to make the right choices, Help me to be like you. Help me to say no to the things that aren't good for me. Amen.



Answers: Six angels. In Lent we: Pray, fast, give money.