



Sunday 5 February 2023
 Matthew 5:13-16
 5th Sunday in Ordinary Time

In the **GOSPEL TODAY**

TRUST GOD!

I will shine

We shine with God's love when we are kind and helpful.

Draw yourself inside the lamp doing something kind today.



Jesus says that his friends are salt for the earth and light for the world. A small pinch of salt makes a big difference to the taste of food. Light gets rid of darkness. When we live as God asks, we will shine with God's light and love and make a big difference to the world.

Spot the difference



Can you find the **five** differences between these two candles?

Jesus' message

Start with the letter arrowed and use every other letter, skipping the **S** the second time around, to find what Jesus said in today's Gospel.

You are the _____



MAKE A DIFFERENCE

Each letter appears only once in each row and column.

Fill in this table so that the letters **SALT** fit in every square.

S			T
	T		
	S		
A			S

Answers: salt of the earth and light of the world

A PRAYER TO SAY

Help me, Jesus, to be like you. Help me to shine with your love and goodness, so that I will make the world a better place. Amen.