

# LOOK

Sunday 1 March 2026  
2nd Sunday of Lent  
Matthew 17:1-9

## In the GOSPEL TODAY

### LISTEN TO JESUS!

The voice from heaven told us to listen to Jesus. Using the code below, find out what Jesus is telling us.

E I L O U Y V



### A PRAYER TO SAY

Jesus, you shone with God's love. Help me to shine with your light and love too. Amen.

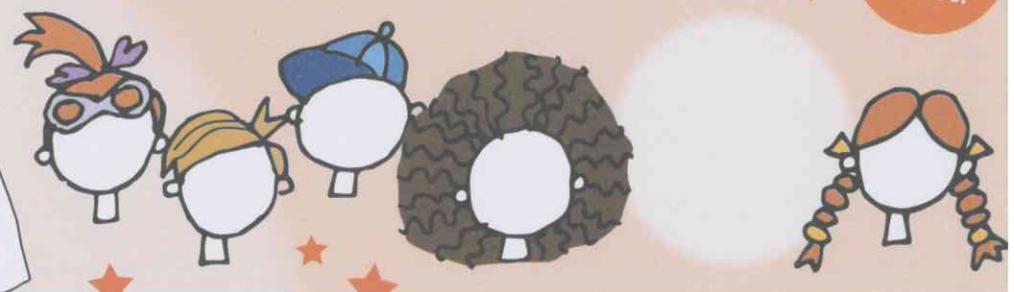


Jesus takes his friends up a high mountain. Jesus changes and shines like the sun. The disciples hear a voice from heaven say, "This is my Son, I love him. Listen to him."

### Jesus can brighten up our lives

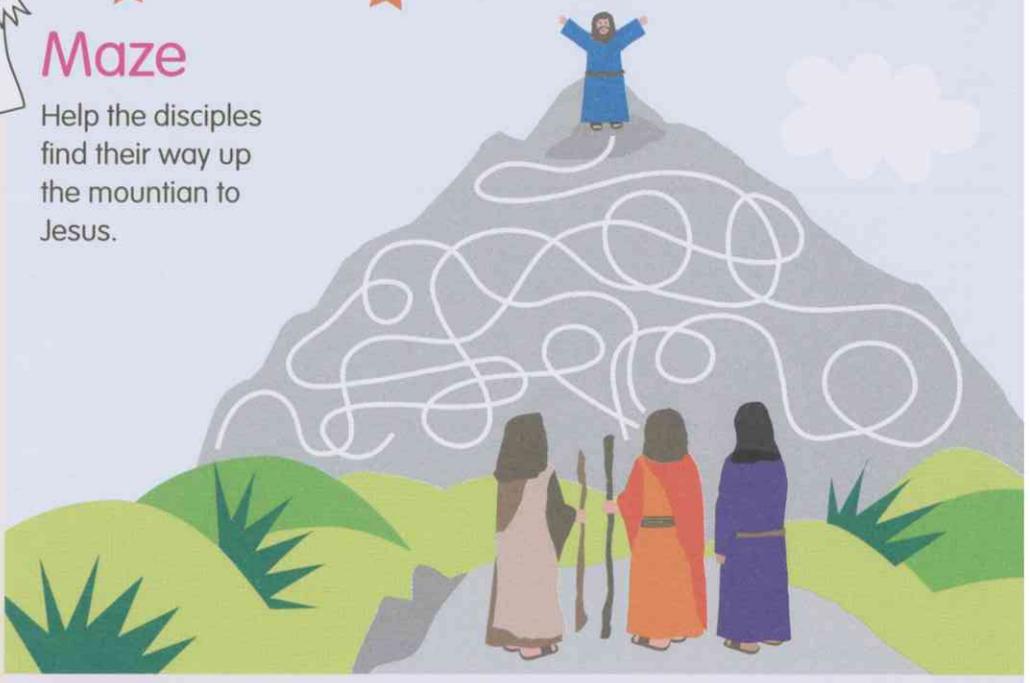
Put happy faces on these children who love Jesus.

Draw yourself with a smiling face too!



### Maze

Help the disciples find their way up the mountain to Jesus.



### Changing to be like Jesus

In Lent we are trying to change to be more like Jesus. If these words are changed they describe Jesus. Scribble out letters to change them.

UNLOVING      UNKIND      UNCARING

Can I change to be more like Jesus?

YES/NO

Answers: I love you. Loving, kind, caring.