

LOOK

Sunday 5 July 2026
14th Sunday in Ordinary Time
Matthew 11:25-30

In the
GOSPEL TODAY

COME TO ME!

Wordsearch

Find the words in today's gospel

YOKE

BURDEN

REST

WISE

FATHER

Z	X	Y	Q	Y	B
P	B	R	B	O	Z
L	M	N	J	K	K
B	U	R	D	E	N
G	H	E	Y	K	H
W	I	S	E	G	J
F	A	T	H	E	R

Jesus tells us we don't need to be clever to know that God loves us. Jesus wants to help anyone who feels weighed down with troubles to come to him. He will give everyone rest.

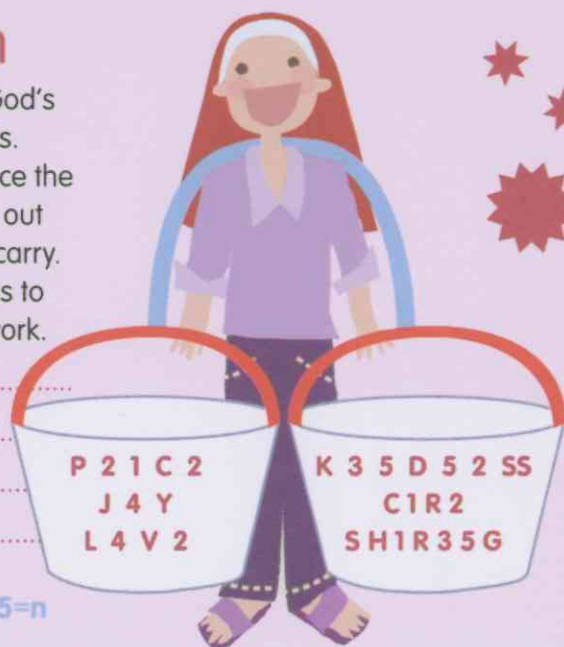
Jesus helps us

Whose burden is the lightest? Jesus tells us that, if we have burdens and difficulties, he will help us!



God's burden

Here is someone carrying God's yoke. Look how happy she is. What is she carrying? Replace the numbers with letters to find out what God has given her to carry. When she takes these things to others she is doing God's work.



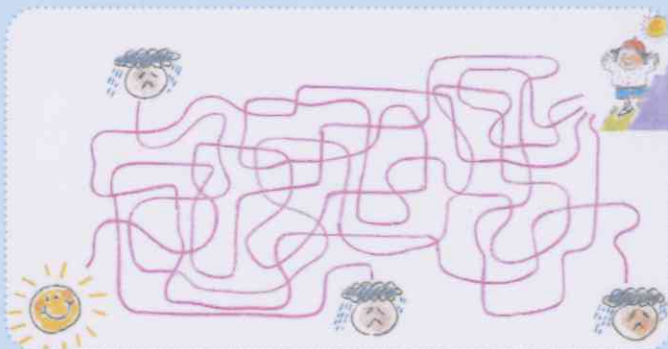
Code: 1=a 2=e 3=i 4=o 5=n

A PRAYER TO SAY

Thank you, Jesus, for loving me so much. I know that I can talk to you if I am worried. Thank you for helping me. Amen.

Happy rest

Jesus wants us to come to him and find rest. Which way should this boy go to find the happy rest?



Answers: God's burden: Peace, Joy, Love, Kindness, Care, Sharing.